



Established 1992



# STARNet

## South Texas Ambulatory Research Network

*“Generating new knowledge to improve the health of south Texas”*



 SCHOOL OF MEDICINE  
UT HEALTH SCIENCE CENTER®  
STARNet



## MISSION:

- To create and disseminate new knowledge for community primary care clinicians that will improve the health of our patients here in South Texas

## OBJECTIVES:

- Conduct studies and projects in the clinics and communities of STARNet members
- Link community primary care clinicians to resources
- Create a community of learning among STARNet members and their communities in South Texas

A Practice-Based Research Network (PBRN) is an organization comprised of community clinicians and researchers united by a shared commitment to expand the science base of clinical care through systematic inquiry to better understand the health and health care events that unfold daily in their community practice settings.

## Membership Benefits

- Opportunity to give back to the profession
- University adjunct faculty appointments
- Free CME credits
- Design research projects in the primary care setting
- Conduct research in your practice
- Professional growth and development
- Improve overall patient clinical outcomes
- Interaction with colleagues
- Contribute to evidence based medicine

## Membership Requirements:

- Complete application with information describing you and your clinic
- Conduct one card study annually
- Complete the human subjects protection training every two years
- Contribute to the development of research questions and protocols
- Attend at least one of the two STARNet membership meetings each year (Spring/Fall)





## Examples of STARNet Studies:

- The Use of Health Information Technology to Support Self Care Management during a Pandemic Influenza Event
- Utilizing Customized Websites to Enhance Patient Education and Self-Management during a Pandemic Influenza Event in Ten Primary Care Practices
- Beta-testing of the Medical Office Survey on Patient Safety
- Expansion of the PBRN Stay at Home Influenza Tool Kit
- Exercise in the Elderly
- Panic Disorder in Patients Presenting with Chest Pain
- Patient Preference for Discussion of Family Conflict/Violence
- Quality and Outcomes of Diabetes Care in Primary Care Settings
- Improving Risk Factors for Complications of Type 2 Diabetes in Primary Care
- History and Physical Findings of Patients with MRSA Skin Infections in South Texas
- Using interactive multimedia to promote patient safety
- Aspirin in reducing events in the elderly

## What STARNet Members Say:

“ I have only had positive comments from patients who are usually excited and pleased to be able to be a part of the studies. ”



“ The projects are interesting and designed to be an asset to the daily practice of function. ”



“ STARNet is a part of my practice where everyone wins...the patient, the practice, and the specialty of Family Practice. ”



“ Many of our patients are impressed that their doctors' office is involved in medical research and that they can share in that. ”

# Board of Directors



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For more information, visit our website at

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