

South Texas Ambulatory Research Network (STARNet)

Walter L. Calmbach MD MPH, Director; Alejandro Machuca, Network Coordinator
 The University of Texas Health Science Center at San Antonio

STARNet Background

- The South Texas Ambulatory Research Network (STARNet) is a Practice-Based Research Network composed of primary care practices in the Community that collaborate with UTHSCSA research in an ongoing way
- STARNet is composed of 40 primary care practices in South Texas [see map]
- key STARNet studies include:
 - Determinants of Exercise in the Elderly [NIA]
 - Reducing CV Risk Factors in Diabetics [NIDDK]
 - Support for Self-Care in Pandemic Flu [AHRQ]
 - Detecting CA-MRSA in Primary Care Practices

STARNet Board of Directors

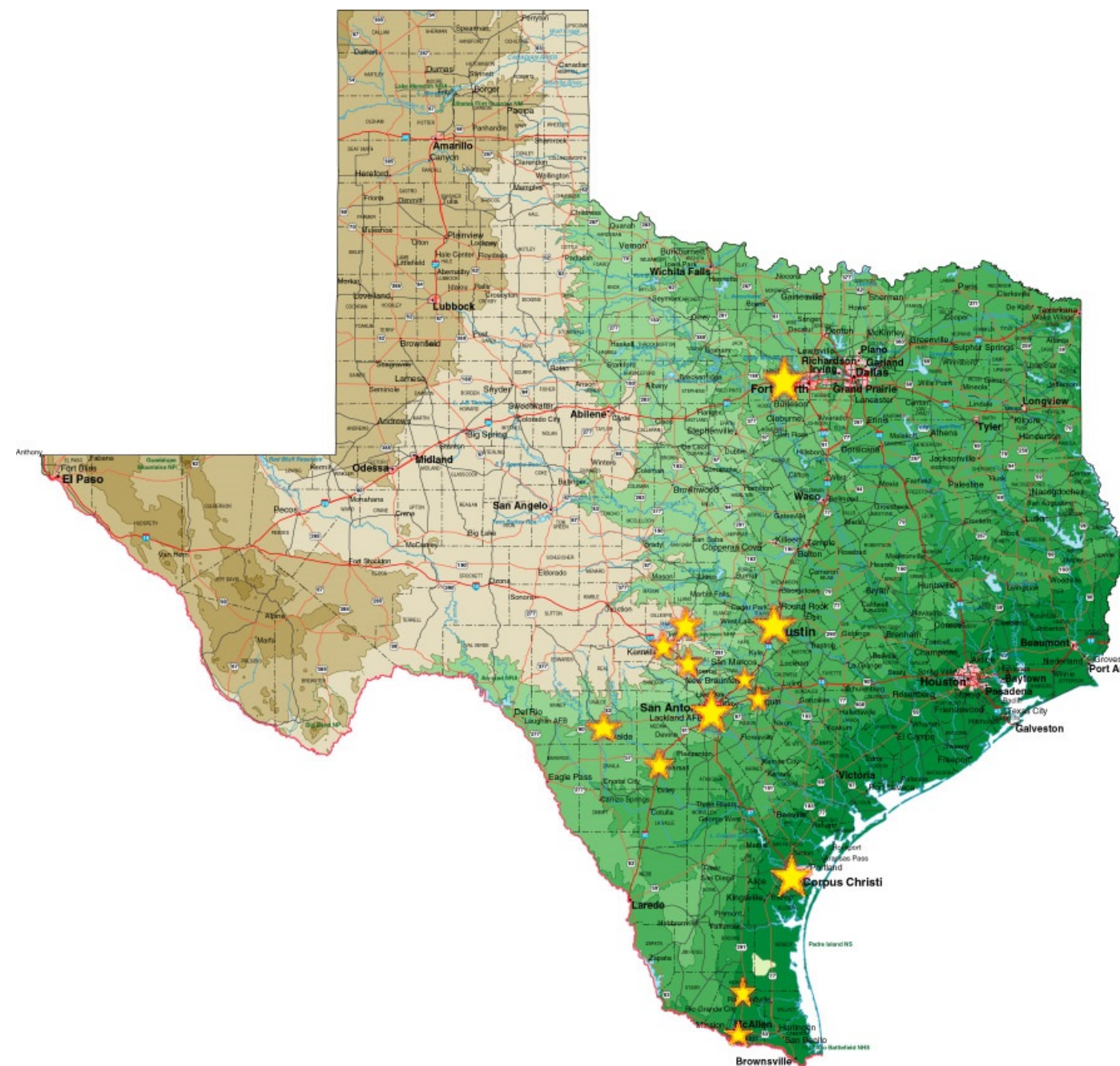
- STARNet is managed by a Board of Directors, composed of primary care physicians from the Community
- The Board sets strategic goals and reviews current and planned STARNet projects

STARNet Current Projects

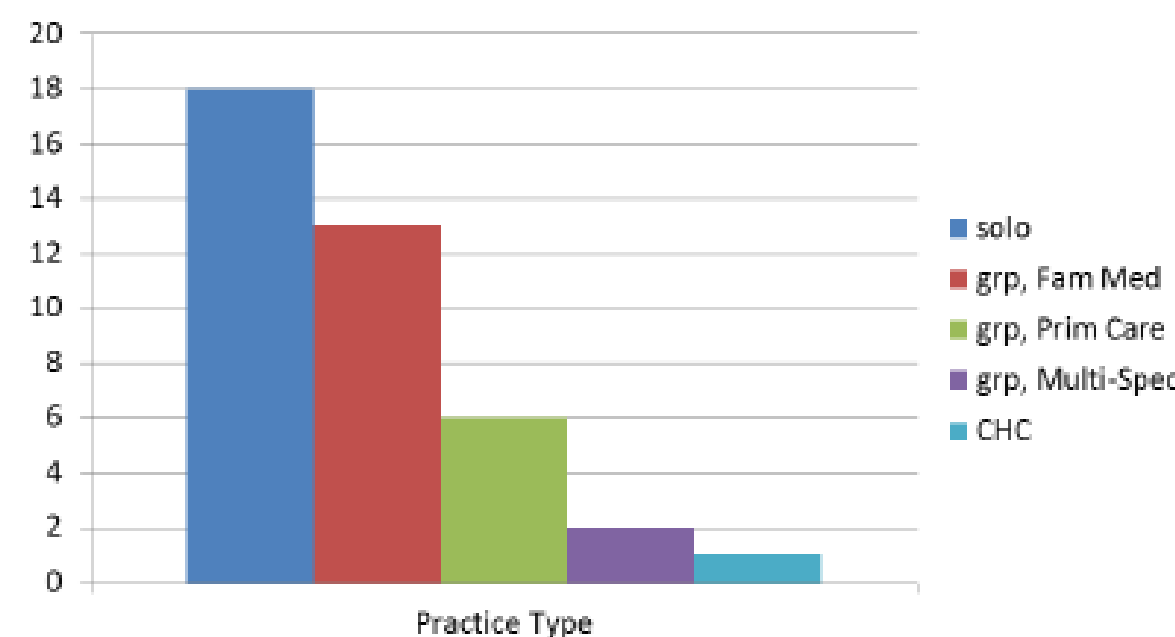
- Teaching Motivational Interviewing Skills to Physicians and Staff [CPRIT]
- Improving Evidence-based Primary Care for Chronic Kidney Disease [NIDDK]
- MOSAIC PBRN Centers of Excellence [AHRQ]
- Addressing Childhood Obesity in Primary Care [TAFP Foundation]

STARNet Mission Statement

to conduct & disseminate practice-based research that results in new knowledge and improves the health of patients & communities in South Texas.



Practice Setting



STARNet Patient Advisory Roundtable

- Established April 2013
- Patients nominated by their primary care physician
- meets quarterly to review current and proposed STARNet projects
- Provides key input on:
 - Patient and Community research priorities
 - Developing and reviewing research questions
 - Recommending outcomes important to patients
 - Suggesting patient-friendly implementation tips, and
 - Sharing project results with patients and patient advocacy groups
- Reviews patient-level surveys & q's
- Provides detailed feedback on potential projects pitched to STARNet

STARNet Contact Information

- Walter L. Calmbach MD MPH
 Phone: 210-358-3930
 Email: calmbach @uthscsa.edu
 - Alejandro Machuca, Network Coordinator
 Phone: 210-562-5653
 Email: machuca@uthscsa.edu