## **STOHN Teeth Whitening Quick-Poll**

Please complete the quick-poll below. Your responses will be kept anonymous.

Thank you!

Due to the emerging emphasis on esthetics by patients of all ages, tooth whitening (in-office and take-home) has been deemed the most sought-after cosmetic process in dentistry. Multiple methods for whitening have been marketed aggressively as accessible and effective. The take-home process has been developed so the patient requires little skill. The popularity and diverse results make it imperative to understand patient selection, efficacy and adverse events to assure patient success.

Please complete the 5-question poll regarding your overall experience with whitening in your dental office. Your response will help determine whether this issue merits further investigation by the Network. Thank you for taking the time to respond. Responses are voluntary and anonymous. We'll keep you posted about the results of the quick poll.

1. In your opinion, what are the most important patient selection criteria for tooth whitening? (Please rank the level of importance for each response)								
Etiology of the stains	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		
Patient motivation for oral hygiene practices	0	0	$\bigcirc$	0	0	$\bigcirc$		
Esthetics	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		
As part of a restorative treatment plan	0	$\bigcirc$	0	0	$\bigcirc$	0		
History of hypersensitivty Other	0 0	0 0	0 0	0 0	0 0	0 0		

Other: Please describe.

2. What in-office tooth whitening materials do you currently utilize?

 $\bigcirc$  Light/heat activated.  $\bigcirc$  Chemically activated.  $\bigcirc$  Non-light cured application.

3. What method do your patients prefer for tooth whitening?

 $\bigcirc$  In office only  $\bigcirc$  In office with take home follow ups  $\bigcirc$  Take home only  $\bigcirc$  OTC - Over the counter

4. On a scale of 1-10 (1 being very dissatisfied and 10 being very satisfied) what level of satisfaction do your patients report in their choice of whitening treatment?

 $\bigcirc 1 \quad \bigcirc 2 \quad \bigcirc 3 \quad \bigcirc 4 \quad \bigcirc 5 \quad \bigcirc 6 \quad \bigcirc 7 \quad \bigcirc 8 \quad \bigcirc 9 \quad \bigcirc 10$ 



## 5. Based on the category of whitening treatment, how often do your patients complain of sensitivity? Sometimes Always Never

In-office	0	0	$\bigcirc$
In-office with take home	$\bigcirc$	0	$\bigcirc$
materials Over the counter	0	0	0

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