

Smokeless Tobacco Quick Poll

Smokeless tobacco is a nicotine-containing substance that is very addictive and can cause serious oral health effects such as pre-cancerous lesions, gum disease, caries, and oral cancer. Smokeless tobacco is under-studied when compared to all other tobacco products. San Antonio has a multicultural population and would benefit from a study to understand the attitudes and behaviors of dental practitioners regarding smokeless tobacco cessation. Dental professionals, as primary healthcare providers are uniquely positioned to advocate for the cessation of smokeless tobacco products. The dental office would be an excellent place to introduce cessation practice and be able to track improvements in patients' oral health. Dental practitioners are being asked to participate in a quick poll to assess smokeless tobacco prevalence in their patient's population, if and how they educate the patients regarding smokeless tobacco.

Do you ask your patients about any smokeless tobacco use?

- Never
 Sometimes
 Often
 Always

Within the last 30 days, what percentage of your patients reported use of smokeless tobacco?

- 0-10%
 11-20%
 21-30%
 31-50%
 Over 50%

Of your patients who use smokeless tobacco, do you believe they are aware of the oral health effects?

- Yes
 No
 Not Sure

Of the types of smokeless tobacco, which ones are you most aware of? (Check all that apply)

- Chewing tobacco (loose-leaf, plug, or twist)
 Snuff tobacco (moist, dry, or in packets)
 Dip tobacco
 Dissolvable tobacco (Lozenges, Orbs, Sticks, or Strips)
 Paan / Betel quid / Gutkha areca nut
 None of the above
 Other, please describe

Other type of smokeless tobacco:

Would you be comfortable providing smokeless cessation in your practice?

- Very comfortable
 Somewhat comfortable
 Not at all comfortable

Would you be interested in a study about smokeless tobacco cessation?

- Yes
 No