



**TRANSLATIONAL ADVISORY
BOARDS (TABS)**
Established in 2008
Community Engagement of the IIMS

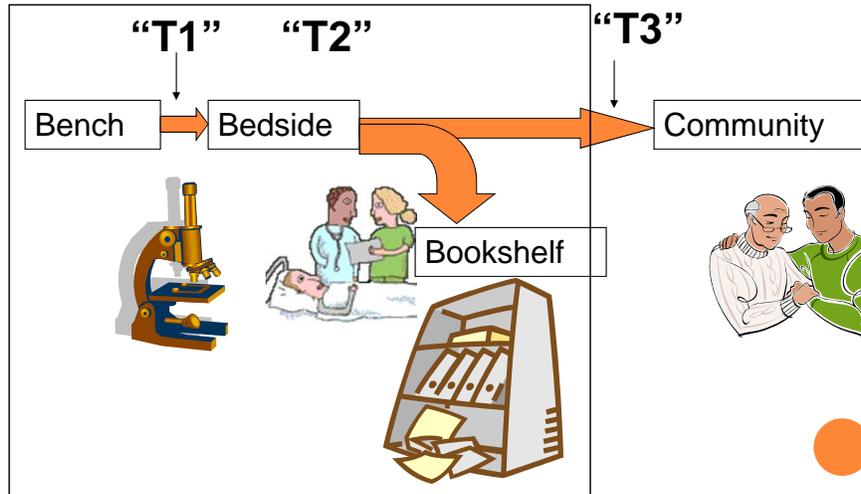
WHAT IS A “TAB”?

- A representative body of citizens in a community which aims to improve community health through CBPR and educational outreach in partnership with UTHSCSA.



TAB PURPOSE

The Academic Health Science Center:



WHERE ARE THE TABS?



HOW DO TABS FUNCTION?

- Monthly Meetings; most for over 6 years
- Discuss and Identify Research Topics with Researchers
- CBPR training/CITI Trained
- Plan and administer Public Learning Forums; Community Assessments
- Review and provide feedback to academic researchers about research proposals
- Dissemination and Implementation



SO WHAT?



- “Translate” research to diverse communities.
- Advise researchers; open doors and assist with projects.
- Disseminate and report research findings to promote health improvement initiatives, inform local policy and increase capacity of researchers & community.
- “Boots on the Ground” Citizen Scientists who are required partners in applications to PCORI, NIH, AHRQ, CPRIT etc.



WHAT TABS DO?

- 2 TABs
- 1 Rural – Frio County
- 1 Urban – Bexar County



WHO IS THE FRIO TAB



Diverse group of Frio County Residents
Meet monthly since 2009

We:

- Collect data
- Assess community health priorities
- Recruit for Projects
- Facilitate research partnerships
- Disseminate results



COLLECT DATA

- Surveys



- Sponsor Health Fairs



ASSESS COMMUNITY HEALTH PRIORITIES FOR RESEARCH PROPOSALS

Table 1: Priority Health Issues Among Adult 2014 Frio County Health Fair Participants

Health Issue	Priority #1 Red Column % (n)	Priority #2 Green Column % (n)	Priority #3 Blue Column % (n)	Total Votes per Health Issue Column % (n)
Diabetes	32% (16)	8.2% (4)	14.3% (7)	18.2% (27)
Substance Abuse	14% (7)	24.5% (12)	10.2% (5)	16.2% (24)
High Blood Pressure	4% (2)	16.3% (8)	8.2% (4)	9.5% (14)
Depression	2% (1)	8.2% (4)	10.2% (5)	6.8% (10)
Obesity	10% (10)	30.6% (15)	10.2% (5)	20.3% (30)
Teen Pregnancy	14% (7)	8.2% (4)	8.2% (4)	101% (15)
Oral Health	0% (0)	2% (1)	12.2% (6)	4.7% (7)
Domestic Violence	10% (5)	2% (1)	18.4% (9)	10.1% (15)
Air & Water Quality	4% (2)	0% (0)	8.2% (4)	4.1% (6)
Totals	100% (50)	100% (49)	100% (49)	100% (148)

Table 2: Priority Health Issues Among Teen 2014 Frio County Health Fair Participants

Health Issue	Priority #1 Red Column % (n)	Priority #2 Green Column % (n)	Priority #3 Blue Column % (n)	Total Votes per Health Issue Column % (n)
Texting and Driving	41.7% (5)	16.7% (2)	8.3% (1)	22.2% (8)
Substance Abuse	8.3% (1)	0% (0)	25% (3)	11.1% (4)
Bullying	0% (0)	41.7% (5)	8.3% (1)	16.7% (6)
Suicide and Depression	0% (0)	8.3% (1)	0% (0)	2.8% (1)
Obesity	0% (0)	0% (0)	0% (0)	0% (0)
Teen Pregnancy	33.3% (4)	25% (3)	33.3% (4)	30.6% (11)
Sexually Transmitted Diseases	0% (0)	0% (0)	0% (0)	0% (0)
Child Abuse	8.3% (1)	8.3% (1)	8.3% (1)	8.3% (3)
Air & Water Quality	8.3% (1)	0% (0)	16.7% (2)	8.3% (3)
Total	100% (12)	100% (12)	100% (12)	100% (36)



RECRUIT FOR PROJECTS

**PEARSALL RESIDENTS—
DO YOU HAVE CONCERNS ABOUT THE
ENVIRONMENT AND HEALTH?**

**Partners for a Healthy
Community and Environment (PACE) ***

Invites you to please join us for a 1.5 hour group discussion. Your opinions collected in this research study will be used to help identify needs and concerns about the environment and health.

All participants will receive lunch or dinner, and a gift card.

Who can participate? Residents of Pearsall, Texas who are 21 or older
Where? in Pearsall, Texas
When?

- **Group 1, English**— Wednesday February 19, 2014 from 6:00pm -7:30pm
- **Group 2, Spanish** — Thursday February 20, 2014 from 6:00pm – 7:30pm

Space is limited. Please call Elizabeth at (210) 276-9042 to sign up.

*A project of the Frio County Transitional Advisory Board, The University of Texas School of Public Health and the Health Central Area Health Education Center.
HHS Number: 49U 49P 03 08.74



Chronic Pain Discussion

Do you live in Frio County?
Do you have pain in joints, back, knees or shoulder?

We hope you will join us at our 2 hour meeting to talk about pain

If interested in attending please contact
Natalia Rodriguez
956-286-1455

Project Requirements

1. 35- 75 years of age
2. Have chronic pain (see below) or be a caregiver of a person suffering from chronic pain.
3. Attend 3 meetings in total; each 2 hours long

**UT HEALTH
SCIENCE CENTER
SAN ANTONIO
TEXAS A&M
AGRIUM
EXTENSION**

Chronic pain is one that affects your daily function, is not related to cancer, is not being considered for surgery, and has been going on for over 3 months.

DISSEMINATE RESULTS

UT HEALTH SCIENCE CENTER  **COMMUNITY ENGAGEMENT**

FRIO COUNTY PRIORITY COMMUNITY HEALTH ISSUES POSTERS

PURPOSE
The purpose of the Priority Community Health Issues posters were to serve as assessment activities to help the Frio County Transitional Advisory Board (TAB) and its partners better understand the perceived health concerns of health fair attendees residing in Frio County who are (1) 13 to 17 years of age, or (2) 18 and older.

INSTRUMENTS
Two large 4x6' posters were created, one for local teens and for local adults. The adult poster included the following community health issues which had previously been identified by the Frio County TAB: diabetes, substance abuse, high blood pressure, depression, obesity, teen pregnancy, oral health, asthma, domestic violence, and air and water quality. The teen poster included the following health concerns: texting and driving, substance abuse, bullying, suicide and depression, obesity, teen pregnancy, sexually transmitted diseases, child abuse, and air and water quality. The posters were written in English, but included Spanish subtitles. Also, images reflective of each health issue were included in each poster. Red, blue, and green sticker dots were used to allow participants to vote and prioritize their community health issues.

METHOD
Only Frio County residents were allowed to participate. Because of the sensitive nature of some of the teen health issues, the teen poster was placed on the opposite side of the room (away from the adult poster) to help the teen participants feel more at ease.

Both assessment activities depended heavily on the use of a station "passport" to get the maximum number of participants. Health fair attendees were given passports that included the names each exhibitor station as they signed in. Attendees were encouraged to visit each station to learn about different health topics. Representatives from each station signed or stamped each attendee's passport after they visited their respective station. Completed passports were entered into a drawing for a door prize. The assessment teams also approached and asked individuals if they were interested in participating as they walked by each station.

Participants at each of the stations were given a red, blue, and green sticker to place next to the health issue they perceived as being the most important. The red sticker was for "Priority #1", green for "Priority #2", and blue for "Priority #3".

RESULTS
Adult Priority Health Issue Poster
A total of 50 adults participated and 148 stickers were collected. The top three priorities for Priority #1 were diabetes (22%, n=33), obesity (20%, n=30) and both substance abuse and teen pregnancy (14%, n=21). The top three priorities for Priority #2 were obesity (30.4%, n=45), substance abuse (24.3%, n=36) and high blood pressure (18.3%, n=27). Finally, the top priorities for Priority #3 were domestic violence (12.4%, n=18), diabetes



Attendees' votes indicated from the visibility of these stickers at each station: the colored sticker colors, indicating the top 3 priorities for each issue. From left to right: Diabetes, Substance Abuse and High Blood Pressure.

2014 Frio County Community Health Priorities Poster Findings

INVITATION TO RESEARCHERS

- Our community is interested in Patient Centered Research
- We have a stable infrastructure to be your community partner
- We prefer a seat at the research table from the beginning of the project.
- We can help gather preliminary data!
- The research has to benefit our community too!



WHO IS THE BEXAR TAB?

- Established in 2008
- Mission: Improve community health through Community Based Participatory Research and Outreach with UTHSCSA.
- Bexar County is a “huge” area
- Focus: Edgewood Community of San Antonio.



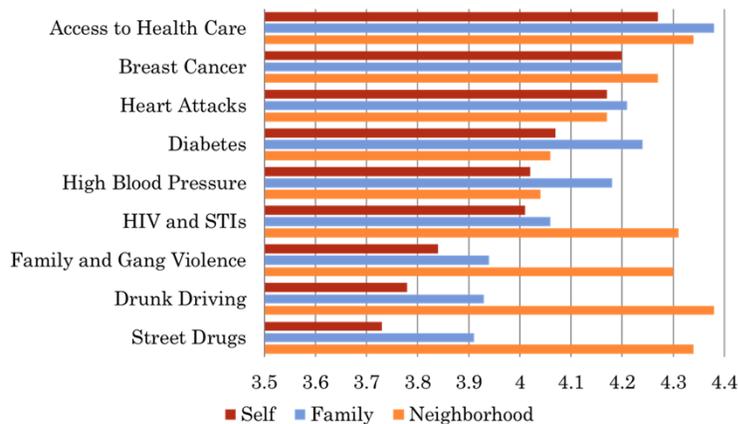
WHY IS NEEDED?

- Edgewood Community welcomes health initiatives but wants to be educated on the subject.
- Following doctors recommendations at times are in conflict with misinformation and community beliefs.
- Issues having to do with obtaining medical coverage like no insurance, not able to keep Carelink payments and not informed about Affordable Care Act.

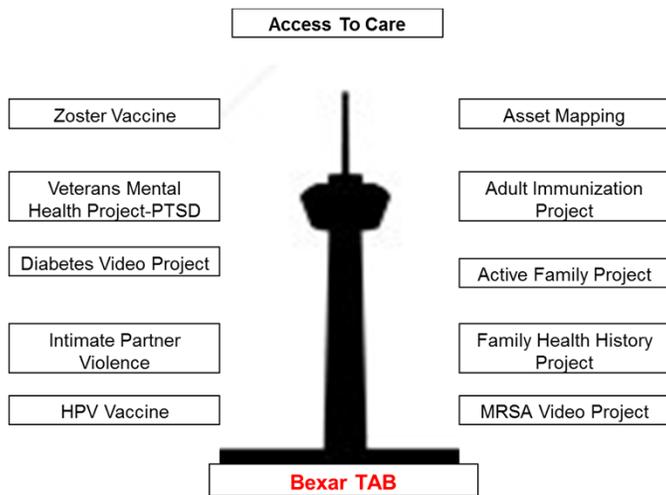


EDGEWOOD COMMUNITY HEALTH ASSESSMENT

Topics with the Highest Average Score



TAB PROJECTS



IN SUMMARY

