Probiotics for Oral Health:
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**BACKGROUND**
- Colonization/co-colonize non-pathogenic bacterium and compete for nutrients
- Some strains inhibit initiation of inflammation
- Gingivitis patients may respond quickly
- The smoking/Perio pts. respond better
- Requires maintenance, not a quick fix!

**RESULTS:**
- PBOH as a Topic in Clinic
- 58% reported their patients never asked them about probiotics for oral health
- 67% reported never recommending probiotics for oral health

**CONCLUSIONS**
- There is an increasing interest in the use of probiotics to improve oral health as an alternative to antibiotic use
- Bringing the practitioner and community together can build to develop a consensus
- Enhance communication between practitioners and patients to improve oral health

**METHODS**
- Practitioner Focus Group: Top 5 Session
  - Input on educational materials for use in practice and with patients and community
- Community Focus Group: Top 5 Session
  - Input on educational material for Community members for use with their healthcare providers (dental, medical & pharmacy, family and friends)
- Face validity:
  - Review all materials for content and appearance.

**EDUCATIONAL MATERIALS DEVELOPED AND DISTRIBUTED TO PARTICIPANTS**

**CONTACT INFORMATION**
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2020 Community Engagement Symposium:
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