

Dry mouth: Awareness Among Dentists And Community Members!

A South Texas Oral Health Network Study

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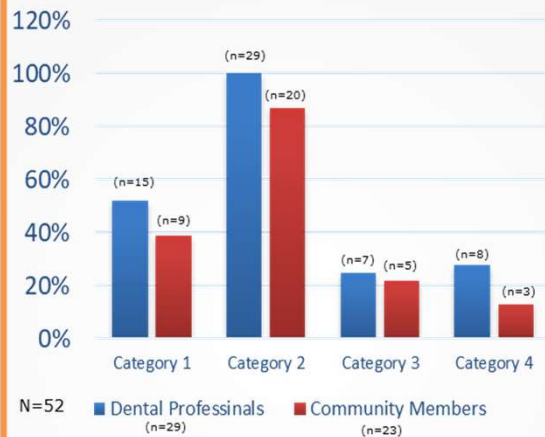
1 Background

What is Xerostomia?

- **Xerostomia**, refers to lack of saliva production in mouth (partially or completely).
- > **Symptoms** (ranging from mild to severe)
 - Rough tongue
 - Dry or cracked lips
 - Sore corners of mouth
- > **Effects**
 - Ability to speak, chew and swallow
 - Higher caries and periodontal diseases
- > **Causes**
 - Medications
 - Chemotherapy, Radiotherapy
 - Others: dehydration, caffeine, mouth breathing, tobacco.
- > **Prevalence**
 - Up to 46% affected in the US
 - More common in Women, Caucasians, and the elderly



3 Results



KEY

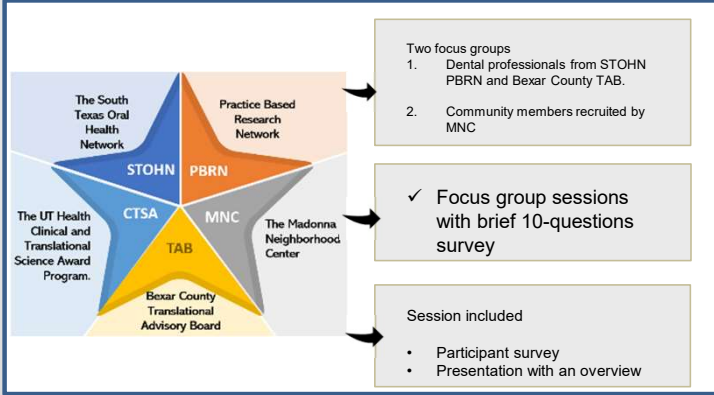
- Category 1 = Awareness of the prevalence of dry mouth
- Category 2 = Awareness of the etiologies
- Category 3 = Symptom recognition
- Category 4 = Management confidence

Conclusion

➤ **Practitioners need to increase knowledge and awareness of dry mouth as it presents in the clinic.**

➤ **Communicate with patients to improve outcomes.**

2 Research Method



4 Contact Us

Contact Information

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