

South Texas Oral Health Network

The Association Between Maxillary Frenum Attachment and Anterior Caries in Children Aged 6 months – 3 years: A South Texas Oral Health Network Pilot Study

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Background

- Dental practitioners are concerned with the impact of restrictive frenulum on oral motor function, feeding, and speech.
- Frenotomy surgically alters
 restrictive attachments. The
 number of maxillary labial
 frenotomies has
 exponentially increased
 over the past two decades.
- This study aimed to
 investigate the association
 between anterior maxillary
 caries and the frenum
 position and attachment.

Methods

- N=319 dental charts of children 6 months-3 years reviewed by **five** dental practitioners of the South Texas Oral Health Network (STOHN) for maxillary frenum attachment levels and stage of decay on maxillary anterior teeth.
- Collected insurance type and age at exam.
- Practitioners were calibrated on standardized reporting forms.
- Correlations between frenum attachment, presence of maxillary caries, and insurance type.

Results

- Of the N=319 charts reviewed, 170 (53.9%) had no maxillary anterior caries (ICDAS score = 0).
- Higher caries grades were observed in older children (P = 0.0001).
- Most children had Medicaid (250, 78.3%), private insurance (45, 14.1%), with uninsured at (17, 5.3%).
- Several had Class III (94, 29.5%) or Class IV (91, 28.5%) frenum attachment.
- No significant relationship between insurance type, frenum attachment, and caries severity.

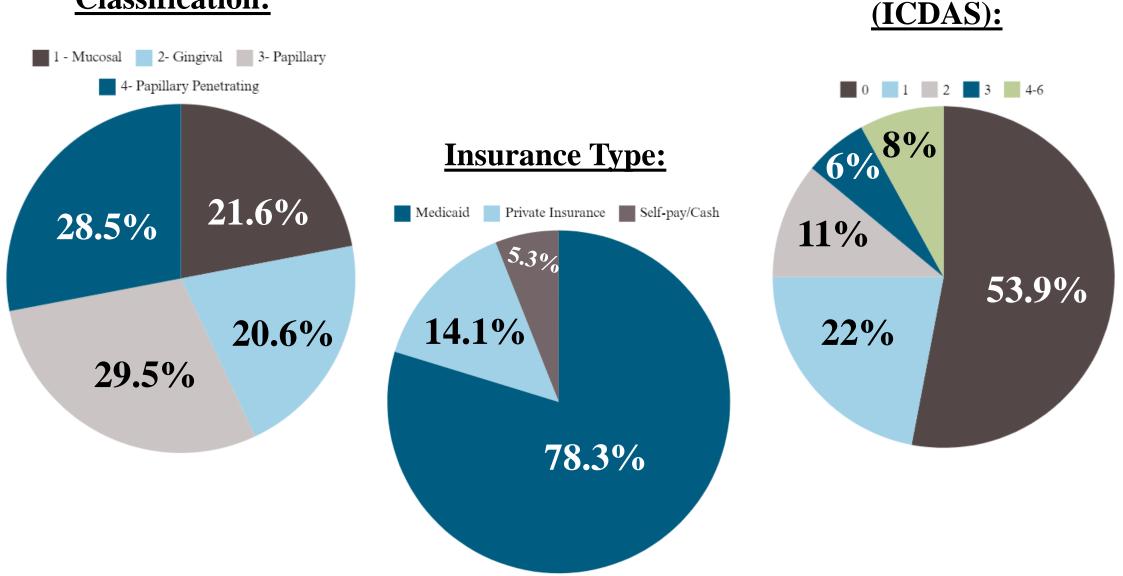
Discussion

- No relationship between frenum attachment and position, severity of caries in the anterior maxillary position, and insurance type.
- This supports conservative approaches to frenotomies, given the lack of evidence linking restrictive frenula to caries.
- The next step should be to replicate this study with a larger more diverse sample to allow for stratification by age group.

Caries Ratings

NO *significant relationship* found between maxillary frenum **attachment**, **caries** severity, or **insurance** type

Maxillary Frenum Classification:



Caries Ratings (ICDAS Scale)



 Rating of 0 – Sound tooth surface: no evidence of caries after air drying for 15 seconds.



Rating of 1 – First visual change in enamel: opacity or discoloration (white or brown) visible with air drying.



 Rating of 2 – Distinct visual change in enamel that is visible when wet with visible lesion when air dried.



Maxillary Frenum Classification



1 - Mucosal: Insertion of the frenum is near the mucogingival junction.



2 - Gingival: Insertion is along the mid-attached gingiva.



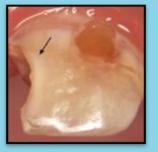
enamel breakdown (no visible dentinal involvement) when wet and after air-dried.



Rating of 4 – Underlying dark shadow from the dentin.



3 – Papillary:
Insertion is along
the inferior
margin of the
alveolar papilla.



- **Rating of 5** Distinct cavity with visible dentin.
- 4 Papillary
 Penetrating:
 Insertion is
 penetrating to the
 posterior (lingual
 surface)



Rating of 6 – Extensive (more than ½ of the surface of the tooth) distinct cavity with visible dentin.

This study conformed to the United States Federal Policy for the Protection of Human Subjects by obtaining Institutional Review Board (IRB) Approval (HSC 2023-0114E).