

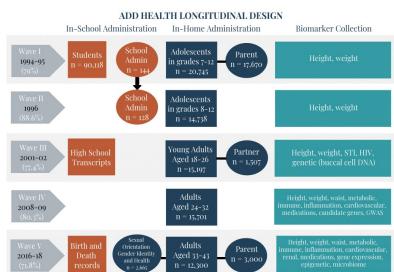
# Early Life Violent Victimization and Dental Care Use from Adolescence through Adulthood

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### Introduction

Early-life experiences also shape long-term health behaviors, yet the impact of violent victimization on dental care use remains understudied. This research explores how exposure to violence during adolescence influences dental care utilization patterns into adulthood. Using nationally representative data from the Add Health study, we identified distinct trajectories of dental care use and found that individuals who experienced multiple instances of violent victimization were significantly more likely to follow irregular or declining dental care patterns.





### **Abstract**

**Objective:** Investigate the long-term impact of early-life victimization on dental care utilization patterns from adolescence through middle adulthood (ages 11-43).

**Methods:** Distinct patterns of dental care were identified from Waves I through V of the National Longitudinal Study of Adolescent to Adult Health (Add Health) using group-based trajectory modeling (GBTM).

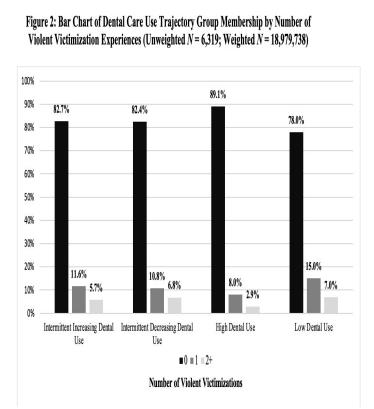
**Results:** Four distinct dental care utilization trajectories emerged: High Dental Care Use (37.9%), Intermittent Decreasing Dental Care Use (26.0%), Intermittent Increasing Dental Care Use (23.3%), and Low Dental Care Use (12.8%). Those who did experience multiple instances of violent victimization had elevated relative risk of intermittent decreasing and intermittent increasing trajectories compared to those with consistently high dental care use.

**Conclusion:** Early-life violent victimization serves as a critical risk factor for irregular and inconsistent dental care utilization over the life course. The cumulative effects of trauma may shape long-term health behaviors, reinforcing disparities in access to and engagement with oral healthcare services. By using trauma-informed care approaches and targeted interventions these affects can be mitigated.

### **Materials and Methods**

# Data was drawn from Waves I through V of the National Longitudinal Study of Adolescent to Adult Health (Add Health).

Group-based trajectory modeling (GBTM) was used to identify distinct patterns of dental care utilization over five waves, spanning more than three decades. Multinomial logistic regression models assessed the association between self-reported violent victimization experiences at Wave I and trajectory group membership, adjusting for key demographic, socioeconomic, and health-related covariates to isolate the independent effect of victimization on dental care patterns.



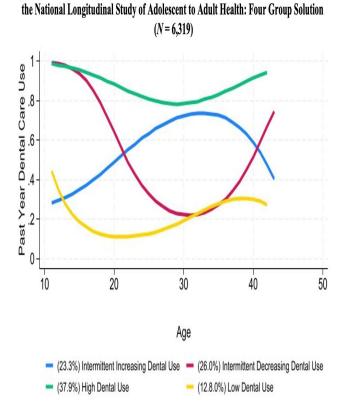


Figure 1: Group-Based Trajectory Model of Past-Year Dental Care Use from Wave I-V in

## **Conclusion**

Early-life violent victimization serves as a critical risk factor for irregular and inconsistent dental care utilization over the life course. The cumulative effects of trauma may shape long-term health behaviors, reinforcing disparities in access to and engagement with oral healthcare services.

While limitations do exist in this study for example: multiple-year gaps, possible recall and social desirability bias, and the generalization of forms of victimization. These findings underscore the long-term consequences of early trauma on healthcare engagement and highlight the need for trauma-informed approaches to improve and targeted interventions aimed at mitigating these effects could help improve dental care access and promote long-term oral health equity.

### Results

Table 1: Summary Statistics of Analytic Sample from National Longitudinal Study of  $\bigcirc$  Adolescent to Adult Health (Unweighted N=6,319; Weighted N=18,979,738)

Variables	Weighted %/Mean [SD]	<b>Unweighted Frequency</b>
Violent Victimization		
0-No Victimization	83.4%	5,376
1- Victimization	10.9%	641
2+ Victimizations	5.7%	302
Respondents Sex		
Female	50.7%	3,748
Male	49.3%	2,571
Respondent's Race/Ethnicity		
Non-Hispanic White	70%	3,970
Non-Hispanic Black	11.3%	839
Hispanic	13.8%	1,062
Non-Hispanic Other	4.9%	448
Born in the United States		
No	5.41%	386
Yes	94.6%	5,933
Social Origins Score	0.07[1.32]	
Self-Rated Health		
Poor/Fair	6.7%	401
Good/Very Good/Excellent	93.3%	5,918
Depressive Symptoms	6.70 [3.220]	
Unmet Health Care Needs		
No	81.4%	5,131
Yes	18.6%	1,178
Violent Offending		
No	72%	4,703
Yes	28%	1,616
Alcohol Consumption		
No	53.2%	3,557
Yes	46.8%	2,762
Smoked Marijuana		
No	89.6%	5,725
Yes	10.4%	594

### References

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- 4. Grant #1R03DE034009-01, titled "Violence Exposure and Dental Care Utilization Over the Lifespan," is funded by the National Institutes of Health (NIH) through the National Institute of Dental and Craniofacial Research (NIDCR). The grant period spans from May 2023 to April 2029.