

Probiotics for Oral Health:

Kaela Maldonado, BS; Taverna, Melanie RDH MSDH; Mungia, Rahma BDS MSC DDPHRCS.

*South Texas Oral Health Network (STOHN)

BACKGROUND

Colonization/co-colonize non-pathogenic bacterium and compete for nutrients

Some strains inhibit initiation of inflammation

Gingivitis patients may respond quickly

The smoking/Perio pts. respond better

Requires maintenance, not a quick fix!



<https://www.meritssdentistry.com/blog/archives/03-2019>



RESULTS:

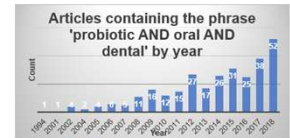
PBOH as a Topic in Clinic

58% reported their patients never asked them about probiotics for oral health

67% reported never recommending probiotics for oral health

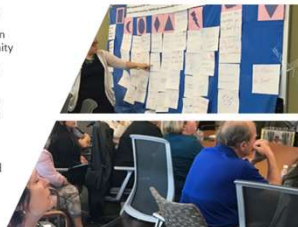
CONCLUSIONS

- There is an increasing interest in the use of probiotics to improve oral health as an alternative to antibiotic use
- Bringing the practitioner and community together can build to develop a consensus
- Enhance communication between practitioners and patients to improve oral health



METHODS

- **Practitioner Focus Group:** ToPs Session
Input on educational materials for use in practice and with patients and community
- **Community Focus Group:** ToPs Session
Input on educational material for Community members for use with their healthcare providers (dental, medical & pharmacy), family and friends
- **Face Validity:**
Review all materials for content and appearance.



Educational Materials Developed and Distributed to Participants



CONTACT INFORMATION

Marissa Mendoza, M.S.
Practice-Based Research Network
Coordinator,
Institute for Integration of Medicine &
Science-UT Health San Antonio

✉ STOHN@uthscsa.edu
☎ 210-562-5652



2020 Community Engagement Symposium:
Strategies for Community Resiliency and Recovery in 2021 and Beyond