Nashville, Tennessee – February 5, 2015 – ResearchMatch (RM), the country’s first nationwide, disease-neutral, volunteer research recruitment and engagement platform is launching a Condition Connection for Anxiety in collaboration with the Anxiety and Depression Association of America (ADAA). ADAA is a nonprofit organization founded on the mission to promote the prevention, treatment and cure of anxiety, depression, OCD, PTSD and related disorders and to improve the lives of all those who suffer from them through education, practice and research.

Anxiety disorders are the most common mental illness in the United States, affecting 40 million adults in the United States. Although anxiety disorders are highly treatable, only about one-third of those suffering receive treatment. Anxiety disorders are very common in children and over 75 percent of adults with these disorders have reported experiencing symptoms before the age of 21. “When diagnosed and treated early, we may prevent the later onset of other anxiety disorders and depression. It is very exciting to think that we may be looking at a future where we can prevent and possibly cure these very common and often disabling conditions,” said Mark Pollack, MD, ADAA president and chairman of Psychiatry at Rush Medical Center in Chicago.

RM and ADAA’s Condition Connection will help researchers better connect with volunteers nationwide while at the same time helping provide the community access to valuable resources. Although great strides have been made to approve and improve medication to treat the anxiety disorders, volunteers are needed to help researchers find a cure and improve the quality of life for those living with these disorders. “Leveraging technology to reach a broad national audience will help with recruitment and retention of participants for clinical research. ADAA will promote this program to patients and their families, as well as clinicians and researchers to increase awareness for clinical research opportunities,” said Alies Muskin, executive director of the ADAA. Clinical trials are a crucial tool in the fight against anxiety and related conditions. Every new Condition Connection added to ResearchMatch creates a more precise process for matching volunteers with research teams throughout the United States.
All volunteers who register with RM indicating an anxiety disorder as one of their conditions will be prompted to answer additional questions about their condition to better enhance the precision and prescreening process for matching volunteers with research teams who are studying those disorders. RM will not release volunteers’ personal information to 3rd parties, participating organizations and/or other institutions. All information collected is completely confidential and participation is voluntary. RM is not a medical provider and does not provide treatment to volunteers. To register, please visit www.researchmatch.org.

About ResearchMatch

ResearchMatch is a national partnership created as a free centralized, web-based recruitment registry connecting individuals who are interested in participating in research with researchers nationwide. The site is funded in part by the National Institutes of Health (NIH) and Clinical and Translational Science Award (CTSA) program grants. The CTSA program is led by the NIH’s National Center for Advancing Translational Science (NCATS). The content of this website is solely the responsibility of ResearchMatch and Vanderbilt University and does not necessarily represent the official views of the NIH.

About ADAA

The Anxiety and Depression Association of America (ADAA) is a national 501(c)(3) nonprofit organization. Our mission is to promote the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and related disorders and to improve the lives of all those who suffer from them through education, practice, and research.